

St. Joseph Village Presents “Dining, Desserts & Dementia”

St Joseph Village of Chicago, a Franciscan Community, is hosting “Dining, Desserts & Dementia” on Thursday, October 11, from 6pm-7:30pm, for caregivers and families whose loved ones suffer from dementia and are having difficulty eating.

According to guest speaker Jenny Overly, MS, RD, Director of Nutrition, Health & Wellness Innovation for Unidine, this can happen for a variety of reasons, from experiencing a loss of taste and smell, to medication side-effects, or believing they already ate. They may also experience problems chewing, swallowing or digesting food.

All of these issues are caused by changes in the brain. They affect eating as the disease progresses, and it can be hard getting a loved one to consume a nutritious meal or enough calories to remain healthy. Helping someone with dementia to eat more can be a challenge, but we can provide tips and suggestions to support loved ones.

This event will take place at St. Joseph of Chicago, 4021 W. Belmont Avenue, and attendees are required to RSVP by November 15 by calling 773-328-5534. Light refreshments will be served and tours of the community will be available.

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