Preserving Memory Through Diet Hosted by University Place

University Place in West Lafayette, part of the Franciscan Communities, will be hosting “Preserving Memory through Diet” on Tuesday, July 10 from 6:00 p.m.-7:00 p.m.

Although there is no cure for Alzheimer’s disease and other dementias, food, vitamins and minerals are believed to slow the progression of declining memory. Guest Speaker Karen Foster, RD, from University Place, will discuss ways to encourage better eating habits for those living with Alzheimer’s and other dementias. Following the discussion will be a food/cooking demonstration by University Place Executive Chef Darcy Smik.

Seating is limited. RSVP by Friday, July 6 to (765) 464-5611. Light refreshments will be served.

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